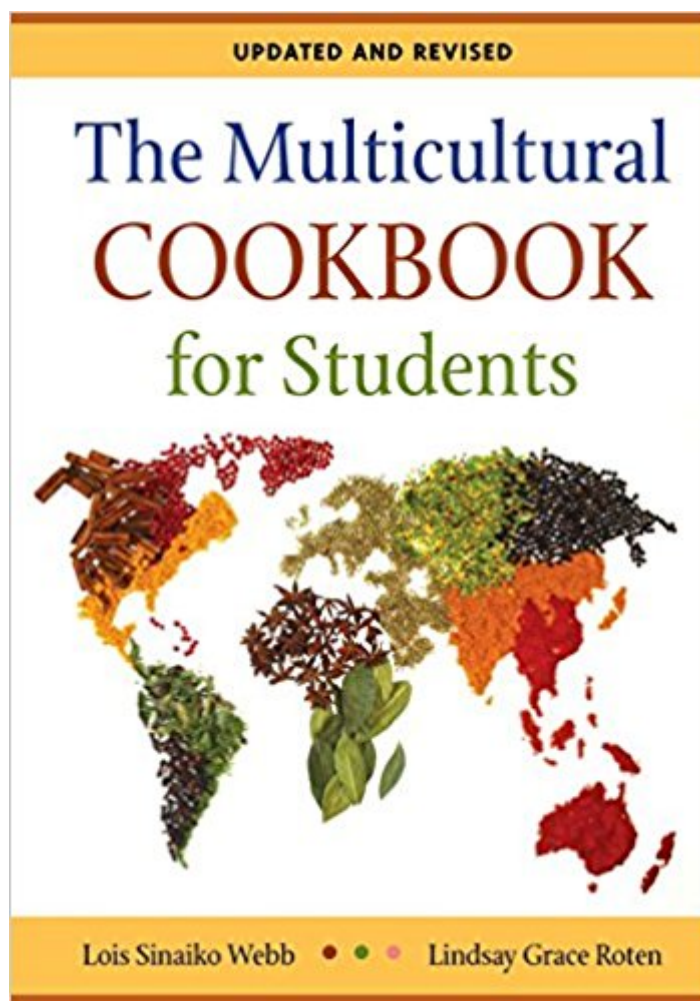


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The Multicultural Cookbook For Students, 2nd Edition



Synopsis

An updated and revised edition of the much-requested global cookbook designed to introduce students to worldwide foodways. • Includes hundreds of recipes from over 150 countries around the world, organized by country within region • Offers common sense, safety, and cleanliness tips for cooks, introducing students to the proper way to work in the kitchen • Presents a glossary of key terms • Provides a comprehensive index including recipes, ingredients, countries, and cooking terminology

Book Information

Paperback: 354 pages

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Average Customer Review: 5.0 out of 5 stars 2 customer reviews

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Age Range: 12 - 17 years

Grade Level: 7 - 12

Customer Reviews

Grade 6 Up • This revision has 140 new recipes from 30 new countries and rewritten cultural background material. Still missing: nutritional information, photographs, and some index categories. To find an appetizer or a main dish (let alone a vegetarian entrée), readers must search the entire table of contents or the unsatisfactory index; e.g., "desserts" overlooks several cake, pudding, etc., recipes. Organization remains by seven regions: Europe has the most dishes, Africa is next, and North America the fewest. The recipes, varying in difficulty, are clear, interesting, and representative. Unexpected culinary connections can be deduced: cornmeal mush variants (nine recipes) and peanuts (20-plus recipes) are surprisingly widespread, for instance. Original-language terms (brinjal, arroz) add welcome flavor. Overall, the new edition is a valuable introduction to cooking/safety techniques and to tasty dishes and their roots around the globe. • Patricia D.

Lothrop, St. George's School, Newport, RI Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to the Hardcover edition.

"Now available in a new and expanded edition for the benefit of non-specialist general readers and aspiring culinary students. Offering hundreds of superbly selected recipes representing every country and every culture around the globe, The Multicultural Cookbook For Students is superbly organized on a regional basis and offers from one to three recipes each drawn from 150 nations. Of special note are the commentaries on food safety and sanitary kitchen practices. From cooking terminology to diverse culinary traditions from which individual dishes arise, The Multicultural Cookbook For Students also provides readily available substitutions for the more exotic ingredients should that prove necessary. With recipes ranging from Algerian Couscous (Chicken Stew); to Vegetarian Hot Rice Salad; to Teed Kettle (Salmon Hash); to Ful Mesdames (Brown Fava Beans); to Chicken Fried Steak Texas Style with Cream Gravy; The Multicultural Cookbook For Students will prove a welcome and inspiring addition to any personal, professional, family, cooking school, or community library cookbook collection!" - Midwest Book Review "This highly informative cookbook includes not only recipes, but also information on the country, its food staples, and ethnic and cultural divisions. . . . This book is a great resource for cultural research even if the actual recipes will not be prepared. . . . Recommended." - Library Media Connection --This text refers to the Hardcover edition.

My 3rd grader is using this book all year long after she finishes each of her units on eight different countries. This book is fantastic, and appropriate for anyone - young and old. Older students can use the book on their own, younger students can use it with help from an older sibling or mom and dad, and families can simply use the book to expand their palates and try out many different flavors from around the world. The recipes are simple, yet complete, and nothing so far seems to be too difficult to prepare. My daughter just finished a unit on Canada, and chose to make the Blueberry Corn Fritters served with maple syrup and Apple Cake. She can't wait to start her unit on India this week. We were lucky to find this at our local library, but we might end up purchasing it soon so we have it for years to come. What an exciting book - a hidden treasure!

Written and compiled by the team of culinary expert and former chef Lois Sinaiko Webb and ethnic foods enthusiast Lindsay Grace Roten, "The Multicultural Cookbook For Students" is now available in a new and expanded edition for the benefit of non-specialist general readers and aspiring culinary

students. Offering hundreds of superbly selected recipes representing every country and every culture around the globe, "The Multicultural Cookbook For Students" is superbly organized on a regional basis and offers from one to three recipes each drawn from 150 nations. Of special note are the commentaries on food safety and sanitary kitchen practices. From cooking terminology to diverse culinary traditions from which individual dishes arise, "The Multicultural Cookbook For Students" also provides readily available substitutions for the more exotic ingredients should that prove necessary. With recipes ranging from Algerian Couscous (Chicken Stew); to Vegetarian Hot Rice Salad; to Teed Kettle (Salmon Hash); to Ful Mesdames (Brown Fava Beans); to Chicken Fried Steak Texas Style with Cream Gravy; "The Multicultural Cookbook For Students" will prove a welcome and inspiring addition to any personal, professional, family, cooking school, or community library cookbook collection!

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